

TODAY'S SUGGESTED SCHEDULE

BIBLE STORY

God helps me
stand strong.

ARMOR OF GOD
EPHESIANS 6:10-17

MEMORY VERSE

"Trust in the Lord
with all your heart."

PROVERBS 3:5, NIV

KEY QUESTION

Who can trust God?

BOTTOM LINE

I can trust God.

BASIC TRUTH

God loves me.

PRELUDE: Setting the tone for the experience

See the **Getting Ready** pages at the end of this document for a detailed description of what you'll need for today.

In the **Prelude** folder of your curriculum, you'll find a variety of other resources to help you prepare.

SMALL GROUP

15
MIN

SOCIAL: Providing time for fun interaction

Offer one or more of these activities as preschoolers arrive.

Head, Shoulders, Knees and Toes
Dress-Up
Books

LARGE GROUP

20
MIN

WORSHIP: Inviting people to respond to God

STORY: Communicating God's truth in engaging ways

"I'm Gonna Tell"

Bible Story
Prayer

SMALL GROUP

25
MIN

GROUPS: Creating a safe place to connect

Offer as many of these activities as your time, facilities, resources, and leadership allow.

Love in the Square
Dress the Soldier
Jingle
Shielded

HOME: Prompting action beyond the experience

Going Home
Parent Cue Card (*print or email*)
Parent Cue App

PROVIDING TIME FOR FUN INTERACTION
15 MINUTES

MADE TO MOVE

an activity that uses a preschooler's natural desire to move to help them learn



1. HEAD, SHOULDERS, KNEES AND TOES

WHAT YOU NEED: No supplies needed.

BEFORE THE ACTIVITY: Have the children stand in front of you.

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DURING THE ACTIVITY: Teach the children the following song and movements. Sing the song and do the movements with the children.

(Touch each body part with both hands as you sing it.)

Head, shoulders, knees and toes, knees and toes
Head, shoulders, knees and toes, knees and toes
And eyes and ears and mouth and nose
Head, shoulders, knees and toes, knees and toes

Head, shoulders, knees and toes, knees and toes
Head, shoulders, knees and toes, knees and toes
And eyes and ears and mouth and nose
Head, shoulders, knees and toes, knees and toes

(Repeat several times.)

AFTER THE ACTIVITY: Lead a discussion on what items you can wear on those body parts.

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WHAT YOU SAY:

BEFORE THE ACTIVITY: "We're going to sing a song!"

DURING THE ACTIVITY: "Watch me and sing along. We'll sing about our bodies. When we say a body part, use both hands to touch that body part. Are you ready? *(Pause and do activity.)* Great job! Let's talk about things that we can wear on our heads, shoulders, knees, and toes!"

"What is something we wear on our heads? *(Pause.)* Yes! We can wear hats on our heads. What can wear on our shoulders? *(Pause.)* You got it! We can wear shirts and jackets on our shoulders. What can wear on our knees? *(Pause.)* Such awesome answers! We can wear pants on our knees! We can also wear knee pads to protect our knees when we ride our bike or skate. What can we wear on our toes? *(Pause.)* Yes, shoes! All of these things we wear can protect our bodies."

AFTER THE ACTIVITY: "We will hear a Bible story about a soldier and what he wears to protect his body. I am so excited for our TRUE story from the Bible."

KEY QUESTION

Who can trust God?

BOTTOM LINE

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BASIC TRUTH

God loves me.

TRANSITION: Move to Worship and Story by continuing the song as you walk to the story area.

PROVIDING TIME FOR FUN INTERACTION
15 MINUTES

MADE TO PLAY

an activity that encourages preschoolers to follow guidelines while having fun and learning new concepts



2. DRESS-UP

WHAT YOU NEED: "Doll" and "Clothes" Activity Pages, cardstock, and scissors; Optional laminating pages and dry erase markers

WHAT YOU DO:

BEFORE THE ACTIVITY: Make multiple copies of "Doll" on cardstock. Copy "Clothes" on cardstock and cut out,

one set per activity. Lay the dolls and the clothes cutouts in the activity area. Option: If you don't use the "Clothes" cutouts, laminate "Doll" and set out dry erase markers.

DURING THE ACTIVITY: Encourage the children to choose clothes from the cutouts and lay them on the "Doll" Activity Pages to dress him up. If laminated, have children draw clothes on the doll.

AFTER THE ACTIVITY: Challenge the children to change the clothes on the doll several times using all of the cutouts provided. End the time putting the soldier outfit on the doll.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Hello, friends! Come sit with me. Look at the boy on our page. (*Point.*) We get to dress him up today."

DURING THE ACTIVITY: "We have lots of clothes (*point*) to use to dress-up him up! You may work together and choose which clothes you want. Let's see how we can make him look!" (*Do activity.*)

AFTER THE ACTIVITY: "Today, we'll hear a story from the Bible that tells us about a soldier and what kind of clothes he wore. Are you ready for a Bible story today?"

TRANSITION: Move to Story and Worship by pretending to get dressed as you walk to the story area.

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PROVIDING TIME FOR FUN INTERACTION
15 MINUTES

MADE TO EXPLORE

an activity that channels a preschooler's innate curiosity into a discussion of the week's crucial concepts



3. BOOKS

WHAT YOU NEED: Several preschool books and Bible

WHAT YOU DO:

BEFORE THE ACTIVITY: Place all of the books and the Bible in the activity area.

DURING THE ACTIVITY: Ask the children to look through all of the books and try to find the Bible.

AFTER THE ACTIVITY: Allow the children time to read all of the books in the activity area.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "WOW! Look at all of the books in our room today!"

DURING THE ACTIVITY: There are so many books! There is one super special book. It's the Bible. Let's see if we can find it! (*Do activity.*) Great job! We found it! The Bible is super special, and today we'll hear a wonderful story from it. Let's look at all of the other books and read their stories first." (*Finish activity.*)

AFTER THE ACTIVITY: "That was so much fun. I love reading stories from books, but the stories from the Bible are much more special. The Bible tells us how we can go God's way! I am so excited that it's time to hear a story from God's word, the BIBLE!"

TRANSITION: Move to Worship and Story by pretending to read a book as you walk to the story area.

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MADE TO CREATE

an activity that allows preschoolers to review the Bible story, bottom line, or memory verse by creating a craft to take home



1. LOVE IN THE SQUARE

[HEAR FROM GOD | MEMORY VERSE REVIEW]

WHAT YOU NEED: "Love in the Square" Activity Page, cardstock, large heart stickers, and a pen

WHAT YOU DO:

BEFORE THE ACTIVITY: Copy "Love in the Square" Activity Page on cardstock, one per child. Write child's

name on their paper.

DURING THE ACTIVITY: Say the memory verse together and have children put their heart sticker in the square.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Hello, friends. I'm so glad you are here today. Come sit with me at the table."

DURING THE ACTIVITY: "Let's say our memory verse together. 'Trust in the Lord with all your heart,' Proverbs 3:5. (Repeat.) Now look at your paper. Do you see the big square on your paper? That spot is where the word heart goes. I have these heart stickers for you to put in the square. (Pause.) Let's say or verse one more time. 'Trust in the Lord with all your heart,' Proverbs 3:5. (Repeat.) Good job!"

AFTER THE ACTIVITY: "You can trust God because God loves you! **Who can trust God? I can trust God.**"

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MADE TO MOVE

an activity that uses a preschooler's natural desire to move to help them learn



2. DRESS THE SOLDIER

[TALK ABOUT GOD | BIBLE STORY REVIEW]

WHAT YOU NEED: "Soldier" and "Armor" Activity Pages, cardstock, tape, and Bible

WHAT YOU DO:

BEFORE THE ACTIVITY: Copy "Soldier" on cardstock, one per activity. Copy "Armor" on cardstock, one set per

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activity.

DURING THE ACTIVITY: Allow the children to assist you in taping the "Soldier" to the wall as you review what a soldier is. Next, review the Bible story as you add each piece of armor to the soldier.

AFTER THE ACTIVITY: Talk about how we can trust God because He gives us what we need to stand strong.

MEMORY VERSE

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PROVERBS 3:5, NIV

WHAT YOU SAY:

BEFORE THE ACTIVITY: "I'm so happy to see you today! Will you be my helpers?"

DURING THE ACTIVITY: "Let's see what picture we have when we put these pieces together on the wall. (*Tape the Activity Pages to the wall.*) Look! It's a soldier! In our Bible story, soldiers wore armor to protect them.

KEY QUESTION

Who can trust God?

"Our Bible story was about a very special armor God gives us when we trust Him and go His way. Let's put the special armor on this soldier.

"First, when we trust that God loved us so much He sent Jesus to be our friend forever, it's like wearing a helmet to protect us. (*Tape the helmet to the soldier's head.*)

BOTTOM LINE

I can trust God.

"Next, when we trust God and go His way, it's like wearing a breastplate to protect us. (*Tape the breastplate to the soldier's chest.*)

"And when we trust God, it's like holding up a shield to protect us from danger. (*Tape the shield to the soldier's hand.*)

BASIC TRUTH

God loves me.

"We have one more thing to add. The Bible! (*Hold up the Bible and lay it at the feet of the soldier.*) When we trust God and follow what He says, it helps us battle what is wrong and do what is right."

AFTER THE ACTIVITY: "It looks like our soldier is ready to stand strong! And when we trust God, He helps us stand strong, too. **Who can trust God? I can trust God! Yes! I can trust God!**"

MADE TO MOVE

an activity that uses a preschooler's natural desire to move to help them learn



3. JINGLE

[LIVE FOR GOD | APPLICATION ACTIVITY]

WHAT YOU NEED: Jingle bells straps

WHAT YOU DO:

BEFORE THE ACTIVITY: Place a jingle bell strap on each child's ankle.

DURING THE ACTIVITY: Give the children several activities to do with the jingle bells on their ankle such as: jump, run in place, hop on one foot, jumping jacks, and kicks.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Let's all wear something that makes music!" (*Place jingle bells on the children's ankles.*)

DURING THE ACTIVITY: "Great! We are ready. Listen closely to what I ask you to do. Let's make music! First let's jump! (*Do activity.*) Great job! I hear the jingle bells. (*Continue activity.*)"

AFTER THE ACTIVITY: "That was so much fun! We wore the jingle bells just like the soldiers wore their armor in our Bible story. God gives us armor to wear, too! The Bible tells us that we can put our armor on every day and trust God.

Who can trust God? I can trust God."

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MADE TO CREATE

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4. SHIELDED

[LIVE FOR GOD | APPLICATION ACTIVITY]

WHAT YOU NEED: "Shielded," and "Shielded Label" Activity Pages; cardstock; Avery® #5160 labels or equivalent; aluminum foil; glue sticks; scissors; and permanent marker

BIBLE STORY

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EPHESIANS 6:10-17

WHAT YOU DO:

BEFORE THE ACTIVITY: Copy "Shielded" Activity Page on cardstock and cut, one per child. Copy "Shielded Label" Activity Page on label paper, one per child. Cut aluminum foil into pieces a little larger than the shields, one piece per child. Write child's name on the back of their shield.

DURING THE ACTIVITY: Encourage children to glue the aluminum foil to their shield and wrap excess around the edges. Have children add the sticker to the front.

AFTER THE ACTIVITY: Review the Bible story.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Hello, friends. Come sit with me, and let's make some armor like we heard about in our Bible story today."

DURING THE ACTIVITY: "We're going to make a shield. Glue the foil to the shield cutout. (Pause.) Super! Now, add your sticker. (Pause.) The sticker has our memory verse on it. Hold up your shields and say the memory verse with me. 'Trust in the Lord with all your heart,' Proverbs 3:5. (Repeat.) Nice job, friends!"

AFTER THE ACTIVITY: "We learned in our Bible story that God gives us armor to put on each day to help us remember to trust God and go His way. A helmet is worn on a soldier's head. It helps us remember that Jesus is our friend forever. A breastplate is worn on a soldier's chest. When we choose to go God's way, it's like we wear a breastplate to protect our hearts. A shield is held up to block a soldier from things that might hurt them. God says when we trust Him, it's like we hold up a shield to protect us. We always want to remember to trust God. We also have the Bible, which is God's word. We can read it every day, and it will teach us how to go God's way. God's way is the best way so you can trust God. **Who can trust God? I can trust God.**"

MEMORY VERSE

"Trust in the Lord with all your heart."

PROVERBS 3:5, NIV

KEY QUESTION

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BASIC TRUTH

God loves me.

GETTING READY

HERE'S EVERYTHING YOU NEED TO KNOW TO GET READY FOR THIS WEEK

SOCIAL: PROVIDING TIME FOR FUN INTERACTION (15 MINUTES)

Activities that encourage preschoolers to enter the classroom and begin engaging with peers and Small Group Leaders by providing age appropriate and hands on fun while introducing new concepts they will hear in the day's Bible story.

Prepare to offer one or more of the following activities as your 2-year-olds arrive. Let one or two teachers lead small groups of children in activities throughout the room while another teacher greets parents and children at the door. At this age not all children will participate, but most will want to be part of the fun.

1. HEAD, SHOULDERS, KNEES AND TOES

Made to Move: An activity that uses a preschooler's natural desire to move to help them learn

WHAT YOU NEED:

- No supplies needed.

2. DRESS-UP

Made to Play: An activity that encourages preschoolers to follow guidelines while having fun and learning new concepts

WHAT YOU NEED:

- "Doll" Activity Pages
- "Clothes" Activity Pages
- Scissors
- Cardstock
- Optional laminating pages and dry erase markers

WHAT YOU DO:

- Make multiple copies of "Doll" onto cardstock.
- Copy "Clothes" on cardstock and cut out, one set per activity.
- Option: If you don't want to use the "Clothes" Activity Page, laminate "Doll" and allow the children to draw clothes on the figures with dry erase markers.

3. BOOKS

Made to Explore: An activity that channels a preschooler's innate curiosity into a discussion of the week's crucial

WHAT YOU NEED:

- Several preschool books
- Bible

GROUPS: CREATING A SAFE PLACE TO CONNECT (25 MINUTES)

Create a safe place to connect through activities that are written to reach every learning style while reinforcing the Bottom Line that was introduced during the Bible Story and applying it to real life experiences. In addition, these activities provide preschoolers with an opportunity to build relationships with their Small Group Leader.

Prepare to offer one or more of the following activities after the Bible Story. Let one or two teachers lead small groups of children in activities throughout the room. At this age, not all children will participate, but most will want to be part of the fun.

1. LOVE IN THE SQUARE

[HEAR FROM GOD | MEMORY VERSE REVIEW]

Made to Create: An activity that allows preschoolers to review the Bible story, Bottom Line, or memory verse by creating a craft

WHAT YOU NEED:

- "Love in the Square" Activity Page
- Cardstock
- Large heart stickers, one per child
- Pen

WHAT YOU DO:

- Copy "Love in a Square" Activity Page on cardstock, one per child.
- Write child's name on their paper.

GETTING READY

HERE'S EVERYTHING YOU NEED TO KNOW TO GET READY FOR THIS WEEK

2. DRESS THE SOLDIER

[TALK ABOUT GOD | BIBLE STORY REVIEW]

Made to Move: An activity that uses a preschooler's natural desire to move to help them learn

WHAT YOU NEED:

- "Soldier" Activity Page
- "Armor" Activity Pages
- Cardstock
- Tape
- Bible

WHAT YOU DO:

- Copy "Soldier" on cardstock, one per activity.
- Copy "Armor" on cardstock, one set per activity. ("Armor" gives you a helmet, breastplate, and shield.)

3. JINGLE

[LIVE FOR GOD | APPLICATION ACTIVITY]

Made to Move: An activity that uses a preschooler's natural desire to move to help them learn

WHAT YOU NEED:

- Jingle bell straps (toddler-safe or other; See [Pinterest®](#)); one per child

4. SHIELDED

[LIVE FOR GOD | APPLICATION ACTIVITY]

Made to Create: An activity that allows preschoolers to review the Bible story, bottom line, or memory verse by creating a craft

WHAT YOU NEED:

- "Shielded" Activity Page
- "Shielded Label" Activity Page
- Cardstock
- Avery® #5160 labels or equivalent
- Aluminum foil
- Glue sticks
- Scissors
- Permanent marker

WHAT YOU DO:

- Copy "Shielded" Activity Page on cardstock and cut, one per child.
- Copy "Shielded Label" Activity Page on label paper, one per child.
- Cut aluminum foil into pieces a little larger than the shields, one piece per child.
- Write child's name on the back of their shield.

HOME: PROMPTING ACTION BEYOND THE EXPERIENCE

- Make copies on cardstock or email this week's Parent Cue card.
- Copy "Going Home" and hang on the door where Small Group Leaders can reference and remind parents of the Bottom Line and Memory Verse as parents pick up their children.
- Tell parents about our additional family resource, the **Parent Cue app**.

FIRST LOOK PINTEREST PAGE

- Visit our Pinterest page to see craft samples and suggested supplies. <https://bit.ly/FirstLookPinterest>